

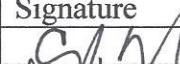
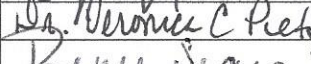
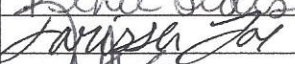


## Wellness Committee Meeting

### Team notes

On January 15, 2014, the Pierre Indian Learning Center had a meeting to discuss whether or not the school is meeting the school's wellness requirements. The team feels that the school does meet the requirements, but feels that the school does have room for improvement. Below are some of the ideas shared by the team in how to better serve our students, and to offer healthier choices to the students.

1. The school can offer healthier snacks to the students. This can be done in the dormitory, and in the dining hall.
2. The school can offer more water to the students. Also, the team feels that the students can benefit by having more opportunities to drink water. The team feels that the school can help in this area by buying more drinking water systems for use around campus.
3. The school can offer more time for the students to become active, especially during the winter months when the weather is cold.
4. The team feels that pop should be discouraged among the student body. The team feels that this should be enforced both in the school and dormitory setting.
5. The team feels that more fresh fruits and vegetables should be offered to the students both in the dining hall and in the dormitory setting.

The team concluded the meeting by stating that they will reconvene again in a year to assess the school's wellness policy.

Member	Title	Signature	Date
Cheryl Reed	Food Service Director		1-15-14
Dr. Veronica Pietz	Administrator		1-15-2014
Renee Sears	Classroom teacher		1-15-14
Larissa Fox	Student member		1-15-14
Mitch Kleinsasser	School Nurse		1-15-14