

Lunch

January 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3 Chicken nuggets mashed potatoes w/ gravy steamed broccoli w/ cheese diced pears milk	4 Three Cheese calzone cool ranch chips mixed veg. Kiwi Jell-O w/ whip topping milk	5 Philly steak and cheese on a croissant Chips Green beans Pears milk
6 Cheesy rotini Polish sausage Mixed vegetables Bread w/ butter milk	7 Mexican pizza Tortilla chip/black bean salsa corn grapes milk	8 Grilled chicken and cheese on croissant Steamed broccoli w/ cheese Cinnamon ap- plesauce milk	9 Spaghetti w/ meat sauce Bread stick mixed veg. Mixed fruit milk	10 Chicken leg Rice w/ gravy Steamed baby carrots Bread w/butter 1/2 apple milk	11 Soft shell taco broccoli & baby carrots w/ ranch pears milk	12 Corn beef w /Swiss cheese on ciabatta bun potato salad chips watermelon milk
13 BLTs Plain Chips Baked beans Potato salad Sorbet cup milk	14 Beef burrito Spanish rice corn fresh fruit milk	15 Mac and cheese baked beans carrot coins applesauce Jell-O milk	16 Pepperoni stuffed sandwich goldfish pretzels Steamed broccoli w/ cheese apple milk	17 Penni noodles with meat sauce bread stick green beans pears milk	18 Turkey salad sand- wich on a croissant plain chips salad w/ ranch baby carrots watermelon milk	19 Beans wieners Tea buns w/ butter Sour & on. chips Potato salad goldfish cookie milk
20 Chicken noodle soup Bologna sandwich chips Jell-O w/ topping milk	21 No School	22 Chicken patty on a bun cool ranch chips baked beans celery pineapple rings milk	23 Soft shell taco tortilla chips Black bean salsa broccoli grapes milk	24 Popcorn chicken potatoes w/gravy green beans mango chunks milk	25 Chili bread bowl w/cheese fresh baby carrots apple milk	26 Cheeseburger mac corn Bread w/ butter Fruits for salads milk
27 Grilled cheese Tomato soup w/ crackers Cheetos Ice cream bar milk	28 Turkey stuffed sandwich steamed baby carrots salad w/ranch goldfish pretzels grapes milk	29 BBQ chicken breast rice steamed broccoli w/ cheese apple milk	30 Chicken noodle soup crackers pizza stick baby carrots & celery fresh fruit milk	31 Cheese burger on a bun / ketchup Cheetos mixed veg. Frozen juice cup milk		